

SUSHI - SASHIMI

JITSU

MAKI SUSHI

thick roll 8pc

CHICKEN	
CRISPY CHICKEN WITH LETTUCE & MAYO	12.50
gf GRILLED CHICKEN & VEGETABLE	12.50
SATAY CHICKEN & VEGETABLE	12.50
SWEET CHILLI CHICKEN & VEGETABLE	12.50
TERIYAKI CHICKEN & VEGETABLE	12.50
gf SALMON	
CALIFORNIA STYLE (URAMAKI) SESAME SEEDS	13.50
FRESH SALMON & VEGETABLES	13.50
FRESH SALMON & AVOCADO	15.00
gf TUNA	
COOKED TUNA & VEGETABLES	12.50
FRESH TUNA & VEGETABLES	15.00
TEMPURA	
PRAWN TEMPURA 10PC	16.00
✱ VEGETABLE	
gf CAPSICUM, CARROT AND CUCUMBER	12.00
ADD AVOCADO	.50
CREAM CHEESE & AVOCADO	
CRISPY CHICKEN	14.00
gf FRESH SALMON	16.00
gf SMOKED CHICKEN	14.00
TERIYAKI CHICKEN	14.00
VEGETABLES	12.00

HOSOMAKI

single filling thin roll 6pc

CRISPY CHICKEN	8.00
gf GRILLED CHICKEN	8.00
TERIYAKI CHICKEN	8.00
gf FRESH SALMON	9.00
gf COOKED TUNA with mayo	7.00
gf FRESH TUNA	9.00
✱ AVOCADO	8.00
✱ CUCUMBER	8.00

INARI SUSHI

✱ TOFU POCKETS FILLED WITH SUSHI RICE 2pc	8.00
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SPECIALS

gf OSHIZUSHI 4pc	17.00
layers of salmon avocado, rice and mayo	
SALMON ABURI NIGIRI 2PC	14.00
lightly torched salmon with mayo and tare sauce	

SASHIMI

slices of raw fish

	half 7pc	whole 12pc
gf ALL SALMON	20.50	35.00
gf ALL TUNA	20.50	35.00
gf SALMON & TUNA	20.50	35.00
gf SALMON, TUNA & WHITE FISH	18.00	30.00

ONIGIRI

rice balls 2pc

gf GRILLED CHICKEN	8.00
TERIYAKI CHICKEN	8.00
CRISPY CHICKEN & MAYO	8.00
gf SALMON FRESH	9.00
SALMON SALTED	9.00
gf COOKED TUNA	7.00
✱ VEGETABLES	7.00

GUNKAN

'gunboat' 2pc
rice and tempura bits wrapped in nori

SPICY SALMON	12.00
SPICY TUNA	14.00

NIGIRI

chosen topping on a ball of rice 2pc

gf EBI prawn	8.00
gf GRILLED CHICKEN	8.00
gf IKA squid	8.00
gf MAGURO tuna	14.00
gf SALMON	10.00
gf TAKO octopus	8.00
UNAGI eel	9.00
gf VEGAN MEAT Katsu	8.00
gf WHITE FISH	8.00

MIXED PLATTERS

combinations of different sushi types

SUSHI LUNCH BOX	20.00
gf SALMON PLATTER	25.00
✱ VEGAN PLATTER	17.00
✱ VEGETARIAN PLATTER	17.00
PARTY PLATTER 40pc Maki Sushi	60.00

STARTER

CHICKEN	13.00
KARA-AGE chicken nuggets, with mayo & tomato sauce	
KUSHI KATSU crumbed chicken kebabs	
TEBASAKI chicken wings	
gf YAKITORI grilled chicken kebabs	
EBI TAMAGO TOJI	12.00
tempura prawns simmered in egg & onion	
✱ EDAMAME	8.50
boiled soybeans in the pod (eat the bean not the pod)	
✱ GOMA WAKAME seaweed salad	8.50
✱ GYOZA fried or steamed vegetable dumplings	9.50
✱ NATTO ISOBE AGE	10.50
tempura fried fermented soybean wrapped in nori	
NATTO MAGURO	17.00
fresh tuna fermented soybean & egg yolk	
NATTO SALMON	17.00
fresh salmon fermented soybean & egg yolk	
✱ SPRING ROLLS	8.50
TAKOYAKI octopus balls	12.00
✱ TOFU	9.50
AGEDASHI TOFU deep fried tofu with soy and ginger	
gf SPICY TOFU PIRIKARA pan fried tofu with chilli sauce	

SALAD

salad of mixed greens with Jitsu's special dressing	
CHICKEN	18.00
gf GRILLED regular or spicy	
KATSU crumbed plain, bbq or spicy sauce	
TERIYAKI	
SASHIMI	
gf MIXED SEAFOOD SASHIMI plain or spicy	21.00
gf SALMON SASHIMI plain or spicy	23.00
✱ TOFU	18.00
FRESH or SPICY FURAI	
✱ VEGAN MEAT	18.00
GRILLED regular or spicy	
KATSU crumbed plain, bbq or spicy sauce	
TERIYAKI	
✱ SIDE SALAD	8.00

TEMPURA

EBI prawn	
2PC	10.00
5PC	20.00
✱ KAKIAGE thinly cut vegetable tempura	11.00
MIXED prawn, fish & vegetable	14.50

DONBURI

rice bowls topped with your choice of main and
a miso or vegetable soup

	med	large
BEEF YAKINIKU beef strips and onions	14.00	19.00
CHICKEN	14.00	19.00
gf GRILLED regular or spicy		
KATSU crumbed chicken plain, bbq or spicy sauce		
KATSUDON crumbed chicken with egg & onion		
TERIYAKI with or without mushrooms		
OYAKODON chicken, egg & onion		
✱ KAKIAGE DON	13.00	18.00
thinly sliced vegetable tempura		
✱ TOFU	13.00	18.00
TOFU FURAI plain, bbq or spicy		
TERIYAKI		
TENDON	14.00	19.00
tempura prawn and thin cut vegetable tempura		
✱ VEGAN MEAT	14.00	19.00
GRILLED regular or spicy		
KATSU crumbed plain, bbq or spicy sauce		
TERIYAKI		
ADD EXTRA MEAT	5.00	6.00
ADD EXTRA TOFU	3.00	3.00

CURRY

mild Japanese curry with rice and miso soup
curry base contains milk and peanuts

	med	large
BEEF	15.00	20.00
CHICKEN	15.00	20.00
REGULAR or KATSU crumbed		
EBI FURAI prawn	16.00	21.00
TOFU FURAI	14.00	19.00
VEGETABLE	13.00	17.00
PLAIN CURRY small bowl		6.00

VEGAN CURRY

vegan Japanese curry with rice and veg soup		
	med	large
❖ KAKAIGE	14.00	19.00
❖ TOFU FURAI CURRY	14.00	19.00
❖ VEGAN CURRY carrots & potato	13.00	18.00
❖ VEGAN MEAT PLAIN or KATSU crumbed	15.00	20.00
❖ PLAIN VEGAN CURRY small bowl	6.00	

JITSU PLATE

meat, seafood or tofu with rice, side salad, stir-fried veges or coleslaw & miso soup	
CHICKEN	20.00
gf GRILLED regular or spicy KATSU crumbed plain, bbq or spicy sauce TERIYAKI with or without mushrooms	
FISH BUTTERYAKI or FISH TERIYAKI	20.00
gf SIRLOIN STEAK	22.00
❖ TOFU TERIYAKI FURAI crumbed plain, bbq or spicy sauce	19.00
❖ VEGAN MEAT GRILLED regular or spicy KATSU crumbed plain, bbq or spicy sauce SHOGAYAKI capsicum and ginger TERIYAKI with or without mushrooms	20.00

TEPPANYAKI

sizzling meals served on hot plates, your choice of main served with stir fried vegetables, rice & miso or vegetable soup	
gf BEEF	22.00
gf CHICKEN	22.00
gf SEAFOOD	24.00
❖ TOFU	20.00
❖ VEGAN MEAT	20.00

gf CAN be made gluten-free upon request
❖ can be made vegetarian / vegan
Please inform waitstaff of any allergies or dietary restrictions
before you order and we will try to accomodate.

B.Y.O. (bottled wine only 750ml- 1 bottle between 2 people)
service charge 6.00

BENTO BOX

choice of main, rice, assorted sides, pickled vegetables and miso or vegetable soup	
BEEF YAKINIKU beef strips and onion	21.00
BUTA SHOGAYAKI pork with ginger, capsicum	21.00
CHICKEN choice of: GRILLED KATSU crumbed KARAAGE chicken nuggets TERIYAKI with or without mushroom	21.00
FISH - HOKI BUTTERYAKI or TERIYAKI style	21.00
SASHIMI MIXED SASHIMI ALL SALMON SASHIMI	30.00
SEAFOOD FURAI	22.00
SQUID BUTTERYAKI	21.00
TEMPURA MIXED TEMPURA KAIKIAGE TEMPURA	22.00
❖ TOFU TERIYAKI or SPICY FURAI	20.00
❖ VEGETABLE TERIYAKI	20.00
❖ VEGAN MEAT choice of: TERIYAKI KATSU crumbed plain, bbq or spicy sauce	21.00

BANQUET

selection of dishes, meant to be shared (minimum of 4 persons)		
SUSHI and SPRING ROLLS MISO SOUP KAKIAGE vegetable tempura		
BEEF YAKINIKU, CHICKEN (KARAAGE or TERIYAKI STYLE) and FISH (BUTTERYAKI or TERIYAKI STYLE)		
PLAIN RICE	per person	40.00

EXTRAS

PLAIN RICE	3.00
MISO SOUP	3.00
❖ VEGETABLE SOUP	3.00
PLAIN CURRY small bowl	6.00
❖ SIDE SALAD	7.00
gf SIDE STIR-FRIED VEGETABLES	6.00

NOODLES

NOODLE SOUP

build your own soup		
	med	large
	14.00	19.00

CHOOSE NOODLE

RAMEN thin egg noodle		
❖ UDON thick wheat noodle		
❖ SOBA buckwheat noodle	add 2.00	3.00
extra noodles	add 2.00	3.00

CHOOSE SOUP BASE

CURRY has milk/cheese and peanuts		
❖ MISO fermented soybean flavour		
❖ SHOYU soy sauce base		
TONKOTSU pork flavour		
❖ VEGAN CURRY		

CHOOSE TOPPING

BEEF, CHICKEN, PORK, SEAFOOD or VEGAN MEAT		
❖ TOFU and/or DUMPLINGS		
extra TOPPINGS	add 4.00	6.00
extra EGG	3.00	

YAKISOBA/YAKIUDON

stir-fried noodles with vegetables YAKISOBA (thin egg noodle) or YAKIUDON (thick wheat noodle)	
BEEF, CHICKEN or PORK	18.00
SEAFOOD	20.00
❖ TOFU or VEGAN MEAT YAKIUDON	18.00

YASAI ITAME

stir-fried vegetables	
gf BEEF, CHICKEN, PORK or PLAIN	17.00
❖ TOFU or VEGAN MEAT	17.00
gf SEAFOOD	18.00

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DRINKS

WHITE WINE

ESK VALLEY Chardonnay	10.00	48.00
ESK VALLEY Sauvignon Blanc	10.00	48.00
LEFT FIELD Pinot Gris	9.00	45.00
CHARD FARM RIESLING	9.00	45.00
SWIFTBURN Sauvignon Blanc	9.50	45.00

ROSÉ

ESK VALLEY Rosé	10.00	48.00
RABBIT RANCH Rosé	10.00	48.00

RED WINE

VM EARTHGARDEN Pinot Noir	10.50	48.00
VM PRIVATE BIN Merlot	10.00	48.00
VM MERLOT Cab Sauv	9.50	45.00
VM CELLAR SELECTION Syrah	13.60	62.00
RABBIT RANCH Pinot Noir	10.50	48.00

JAPANESE ALCOHOL

CHOYA UMESHU (PLUM WINE)	9.50
TAKARA TEN SAKE 150ML	9.00

BEER

ASAHI SUPER DRY SILVER	9.00
ASAHI SUPER DRY BLACK (JAPAN)	9.50
ASAHI ZERO ALCOHOL	8.50
KIRIN	9.00
SAPPORO	9.00
LOW ALCOHOL BEER	8.50

GREEN TEA

MARUFUJI GEN MAI CHA	3.00
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SOFT DRINKS

COCA-COLA RANGE	4.00
BUNDEBERG RANGE	4.00

JUICE

PHOENIX JUICE RANGE	4.50
CHARLIES JUICE RANGE	5.00

WATER

PHOENIX SPARKLING WATER	4.50
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ENERGY DRINKS

V ENERGY RANGE	4.00
RED BULL RANGE	4.00

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I.D. WILL BE CHECKED IF YOU LOOK UNDER 25